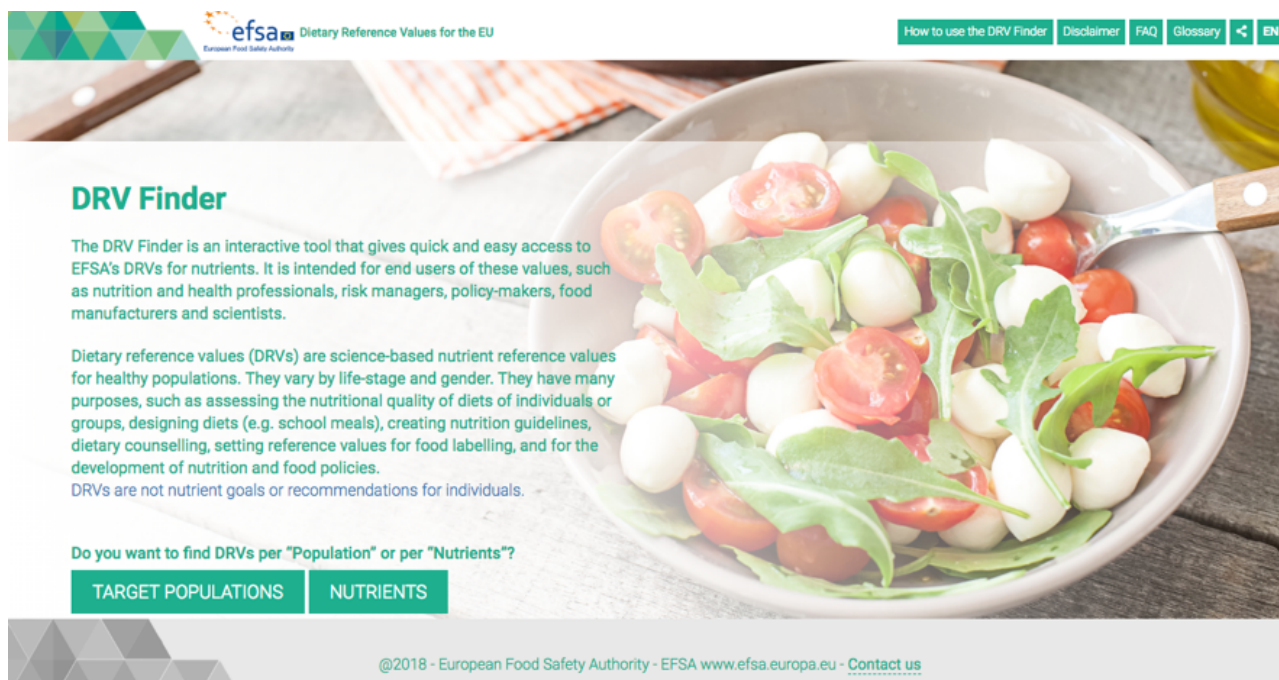


# nutrimento



**DRV Finder**

The DRV Finder is an interactive tool that gives quick and easy access to EFSA's DRVs for nutrients. It is intended for end users of these values, such as nutrition and health professionals, risk managers, policy-makers, food manufacturers and scientists.

Dietary reference values (DRVs) are science-based nutrient reference values for healthy populations. They vary by life-stage and gender. They have many purposes, such as assessing the nutritional quality of diets of individuals or groups, designing diets (e.g. school meals), creating nutrition guidelines, dietary counselling, setting reference values for food labelling, and for the development of nutrition and food policies.

DRVs are not nutrient goals or recommendations for individuals.

Do you want to find DRVs per "Population" or per "Nutrients"?

TARGET POPULATIONS    NUTRIENTS

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EFSA publica ferramenta interativa relativa às recomendações nutricionais

## EFSA publica ferramenta interativa

A EFSA publicou uma ferramenta interativa relativa às recomendações nutricionais. Esta ferramenta permite uma rápida e fácil consulta e utilização desta informação. Será uma excelente ferramenta de trabalho para os nutricionistas e outros profissionais de saúde.

Consulte esta ferramenta [aqui](#).

Nutrients Populations Results

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PROTEIN ⓘ

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Link do artigo: <https://nutrimento.pt/noticias/efsa-publica-ferramenta-interativa-relativa-as-recomendacoes-nutricionais/>

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